

First organizational meeting 2018  
Central Susquehanna Hammers  
Mountain Biking Team  
Tuesday, Jan 9th, 7:00 p.  
Cherokee Tap Room.

## MINUTES

- **Proposed winter road trip to indoor facility.** Pittsburgh? Cleveland? - It was decided that Rays would be the better destination. It's a bit further (1 hr drive), but it offers more space and more to do. The date was determined to be end of February, beginning of March. Dates will be offered to the team, and the best date will be selected. **Dave D.** to get pricing information to prepare a package to be offered to the team.

- **Indoor training program offered by CybFit.** (Kid drop in is \$5.) - We have decided to give this a try. The first BIG TRIAL RUN will be Thursday, January 18th @ 6:30 p. Cybfit offers Tuesday and Thursday spin classes at 6:30 p. If you can make either day or time, that would be wonderful going forward.

- **DirtFest invasion by our team** (May 18th) - **Sergio and George** will be leading the charge on this amazing weekend trip opportunity. Raystown lake is an awesome place to ride, and Dirtfest is their biggest weekend of bike extravaganza. Lots of riding and vendors and events and classes and camping and merriment. This all goes to our team "promoting the outdoor and mountain biking lifestyle" to our team members. Should be an amazing time. More on this as it develops.

- **New PitZone integrations and coach levels.** (see levels chart attached)- In order to remain a valid, recognized team, NICA requires their coaches to continually develop skills and experiences that keep the team progressing and adding value. This is our second year, so our "honeymoon" is over. We need to have at least one Coach this year move to some of the higher levels. Fortunately, we are positioned to do so. We need to make sure that all parents and interested adults attend the March Training. We were "flexible" with the rules for "guest parents" last season. As we progress, some of our flexibility might be challenged, and in fact become a liability. We need to make sure we

comply with NICA as much as is possible. This leads nicely into the next bulletpoint.

- **Coach training program (March t.b.a.)** - We believe will will have as many as 9 Coaches in 2018. Three new in 2018 (**Tony, Tim & Jon**). That would be AMAZING, but it only happens if ALL of those folks attend the March Conference. Dates are to be announce, but anyone who is considering coaching this season NEEDS TO SAVE THIS DATE.

- **Social media/TeamSnap/Website integration.** (Kind of clunky presently) - **Matt M.** volunteered to take the lead on this topic. We presently are trying to communicate in a very inefficient manner (using too many different forms of electronic media). Matt will be tasked with integrating every parent, volunteer, rider, coach, vendor and partner organization COMPLETELY into TeamSnap. Once that is accomplished, TeamSnap will be our primary/only form of team communications. If you aren't integrated into that system, you will likely not be very informed in regard to team activities. Hope everyone understands.

- **New PICL TTC Boss.** - Last year, our team performed well in regard to Team Trail Corp (TTC) maintenance and stewardship initiatives at Hopewell Park. Although we did well, our efforts did not translate that well into an advantage for our team via the TTC program. This was partially because our Coaches didn't fully understand that TTC was trying to accomplish. We understand better now.

TTC is again going to be connected with the PICL and NICA in 2018. Big difference is, **Dave D.** has volunteered to be the Czar of the statewide effort. Concerns about last year's implementation and execution have already been communicated. Also communicated have been potential solutions and improvements for TCC in 2018.

TTC will continue to be a big part of NICA and PICL in 2018, but this year, the efforts will be more timely, demonstrable, and accountable. This year, the Hammers will execute completely in this area, and any points possible via this part of the league, will be awarded.

- **Recruiting.** - First question: How big do we want the team to get? Coaches and Riders seem to agree that growth is possible this year. If we can

get three new coaches trained and certified, we can have a team of up to 36 riders, and still stay very well within NICA recommended ratios of 1/4 for Riders/Coaches.

We ask that **All riders** talk up the team at school and whenever it's appropriate. If you know someone who would enjoy the team, please send them to [www.Hammersmtb.com](http://www.Hammersmtb.com) and they can get all the information they need on that webpage.

Two of the great things about our team: **No cuts. No sitting on the bench.** But in order to make this work and be fair to everyone and give everyone a great experience: we need to be careful with growth, and make sure our support grows with the size of the team.

- **Camps.** - Both the PICL league and our own **Ally Scheunemann** are offering camps this year. These are great, because they allow specific groups to get very individualized attention, and focus on areas of the sport most important to them. The schedule for camps is still in development, but roughly, it seems to be as follows:

June - PICL Family Camp. (Weekend of family riding fun)

July - PICL Focus Camp. (Earning TTC Captain status)

August - GRIT Camp. August 8th - 12th (Girls only). to inquire:

[Alaina@pamtb.org](mailto:Alaina@pamtb.org)

Mid season - Allyson's "Girls RoC camp - Girls of the area get introduced to mountain biking in a very organic way.

Allyson's camp is especially appealing because it will be a bit of a "farm team" for female members of the Hammers. *Way to go, Ally!*

- **Fundraising/Budgets** - budgets were provided for review. **Tim F.** is our present Treasurer. Three versions of budgets were created: "Best Guess", "Bare bones" and "Pie in the Sky".

- Best guess is built on our best estimates and 2017 actual expenditures and revenues.
- Bare bones, it formulated to find our very most basic "break even" scenario. Very stripped down and no frills.
- Pie in the Sky, is if we could partner with very philanthropic sponsors and get the team all the things it could want/use.

**The budgets will be made available on the website for your review.**

Fundraising will be important this year. I think we have a track record that we can proud to tout. The sport is growing. If you know anyone who you think would like to sponsor the team: please let ***Coach Matt, or Ethan Weader*** know ASAP. We think we can provide sponsors with a very good opportunity to support the team, and potentially get a very desirable Return On Investment (ROI).

**- Team Officers and Positions.** Obviously, it's impossible to have Officers before we have a team. However, we do anticipate a lot of our 2017 returning in 2018, and of those people; all would now understand what the team is about, and what it needs. We encourage all our returning (and maybe some new) members to consider taking an office. ***Ethan Weader*** has already offered to help with fundraising. ***Andrew Buzzini*** has also been tapped as a leader. It looks good on a resume and college application. Kids are getting mountain biking scholarship (three in the PICL league last fall). More on this subject after our first full team organizational meetings in April.

**- Opportunity to expand at Hopewell.** Kind of a dream session. The Montour Area Recreation Commission is looking for ways to keep the costs of park maintenance to a minimum. ***Bob Stoudt***, Director of MARC, offered our team additional lawn areas for expansion, with the caveat that we also maintain those areas. Some ideas were discussed, but much more would have to be done, before any real "concrete" steps can be taken.



## COACH LICENSE LEVELS AND REQUIREMENTS

LICENSE REQUIREMENT	LEVEL 1	LEVEL 2	LEVEL 3
Participation Agreement for 2017 <a href="#">↗</a>	Required Annually	Required Annually	Required Annually
Coach License Membership Fee for 2017 <a href="#">↗</a>	Required Annually	Required Annually	Required Annually
Background check <a href="#">↗</a>	Required	Required	Required
CDC Heads up for Training for 2017 <a href="#">↗</a>	Required Annually*	Required Annually*	Required Annually*
Risk Management 1 for 2017 <a href="#">↗</a>	Required Annually*	Required Annually*	Not Required
Risk Management 1 test <a href="#">↗</a>			
Risk Management 2 for 2017 <a href="#">↗</a>	Not Required	Required Annually*	Not Required
Risk Management 2 test <a href="#">↗</a>			
Risk Management 3 for 2017 <a href="#">↗</a> Risk Management 3 test <a href="#">↗</a>	Not Required	Not Required	Required Annually*
NICA Student-Athlete Coaching Philosophy <a href="#">↗</a>	Not Required	Required*	Required*
NICA Student-Athlete Coaching Philosophy test <a href="#">↗</a>			
First Aid <a href="#">↗</a>	Not Required	Required*	WFA or equivalent required*
CPR Certification	Not Required	Required*	Required*
Field Work <a href="#">↗</a>	Not Required	20 hours required*	80 hours required*
NICA On-the-Bike Skills Training (formerly MTB 101)	Not Required	Required*	Required*
Level 3 Exam <a href="#">↗</a>	Not Required	Not Required	Required*
NICA Leader Summit 1 Day	Not Required	Not Required	Required*
Continuing Education Units (CEU) <a href="#">↗</a>	Not Required	3 units required*	9 units required*